

NWESD Suicide Prevention and Crisis Response Trainings

Training	Lifelines	QPR Gatekeeper Training	QPR Training for School Pros	Signs of Suicide	Youth Mental Health First Aid
Content Length (classes may be longer due to breaks)	3 hours	90 minutes	3 hours	3 hours	7 hours (2 ½ hours of prework plus 4 ½ hours of content during in person class)
Topic	Training for school counselors, nurses and school psychologists based on Hazelden Lifelines Trilogy program.	Recognition and response skills for identification of youth at risk for suicide.	QPR Gatekeeper training plus screening, referral and follow-up methods, research and introduction to creating a culture of school safety.	Universal suicide prevention, risk and protective factors, warning signs. Discusses populations who may be at increased risk, parent education and support. SOS classroom based student suicide prevention education, screening, follow up and referral are also discussed.	Teaches adults who regularly interact with young people how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.
Meets requirement for 3 hours	Yes	No	Yes	Yes	No

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of suicide prevention					
When offered	Quarterly	By request	Feb. 21, May	Quarterly	By request
Capacity limit	None	25	25	None	30
Cost	None	None	\$15	None	\$35
Format	Online	In person	Online	Online	Pework online/class in person
More information	Hazelden Store: Complete Hazelden Lifelines Trilogy	QPR Institute Practical and Proven Suicide Prevention Training QPR Institute (en-US)	QPR Institute Practical and Proven Suicide Prevention Training QPR Institute (en-US)	K-12 Suicide Prevention and Mental Health Programs (mindwise.org)	Youth - Mental Health First Aid