

## Autism Outreach Project Resource Library: Social Skills

TITLE	AUTHOR (S)	TYPE	CATEGORY	DESCRIPTION	
A 5 is Against the Law! Social Boundaries: Straight Up!	Kari Dunn Buron	Book	Social Skills	An honest guide for teens and young adults that provides practical ways of addressing social situations many students with ASD struggle with.	New
A 5 Could Make Me Lose Control!	Kari Dunn Buron	Book	Social Skills	An activity-based method for evaluating and supporting highly anxious students.	New
Autism & PDD: Social Skills Lessons Intermediate	Pam Britton Reese & Nena Challenner	Kit	Social Skills	These lessons on social skills are written specifically for preteens. Included in the packet are five separate books: Communication, Controlling Behavior, Healthy Habits, Middle School, and Special Events & Activities.	
Autism & PDD: Social Skills Lessons - Adolescent Health & Hygiene	Pam Britton Reese & Nena Challenner	Book	Social Skills	As all children enter adolescence, including adolescents with autism, the social world becomes increasingly complex and confusing. Many parents and teachers shared difficult situations and challenges faced by the adolescents they know - these challenges and situations were adapted and turned into this series of lessons to provide a road map for the adolescent to use to navigate the social world.	
Autism & PDD: Social Skills Lessons - Adolescent Interacting	Pam Britton Reese & Nena Challenner	Book	Social Skills	As all children enter adolescence, including adolescents with autism, the social world becomes increasingly complex and confusing. Many parents and teachers shared difficult situations and challenges faced by the adolescents they know - these challenges and situations were adapted and turned into this series of lessons to provide a road map for the adolescent to use to navigate the social world.	
Autism & PDD: Social Skills Lessons - Adolescent Managing Behavior	Pam Britton Reese & Nena Challenner	Book	Social Skills	As all children enter adolescence, including adolescents with autism, the social world becomes increasingly complex and confusing. Many parents and teachers shared difficult situations and challenges faced by the adolescents they know - these challenges and situations were adapted and turned into this series of lessons to provide a road map for the adolescent to use to navigate the social world.	
Autism & PDD: Social Skills Lessons - Adolescent Secondary Schools	Pam Britton Reese & Nena Challenner	Book	Social Skills	As all children enter adolescence, including adolescents with autism, the social world becomes increasingly complex and confusing. Many parents and teachers shared difficult situations and challenges faced by the adolescents they know - these challenges and situations were adapted and turned into this series of lessons to provide a road map for the adolescent to use to navigate the social world.	

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Autism & PDD: Social Skills Lessons - Adolescent Vocational	Pam Britton Reese & Nena Challenner	Book	Social Skills	As all children enter adolescence, including adolescents with autism, the social world becomes increasingly complex and confusing. Many parents and teachers shared difficult situations and challenges faced by the adolescents they know - these challenges and situations were adapted and turned into this series of lessons to provide a road map for the adolescent to use to navigate the social world.
Autism & PDD: Social Skills Lessons - Primary Behavior	Pam Britton Reese & Nena Challenner	Book	Social Skills	One-page lessons with each sentence supported by pictures makes these lessons well-targeted to the typical needs of preschool and early primary students. Includes instructional and behavioral lessons. Instructional lessons are intended to teach young children what they need to do or say in social situations; behavioral lessons target specific social problems that need to be stopped. Instructional lessons may be used as a part of a social skills curriculum with small groups of children or with individuals; behavioral lessons are for use with an individual child.
Autism & PDD: Social Skills Lessons - Primary Community	Pam Britton Reese & Nena Challenner	Book	Social Skills	One-page lessons with each sentence supported by pictures makes these lessons well-targeted to the typical needs of preschool and early primary students. Includes instructional and behavioral lessons. Instructional lessons are intended to teach young children what they need to do or say in social situations; behavioral lessons target specific social problems that need to be stopped. Instructional lessons may be used as a part of a social skills curriculum with small groups of children or with individuals; behavioral lessons are for use with an individual child.
Autism & PDD: Social Skills Lessons - Primary Getting Along	Pam Britton Reese & Nena Challenner	Book	Social Skills	One-page lessons with each sentence supported by pictures makes these lessons well-targeted to the typical needs of preschool and early primary students. Includes instructional and behavioral lessons. Instructional lessons are intended to teach young children what they need to do or say in social situations; behavioral lessons target specific social problems that need to be stopped. Instructional lessons may be used as a part of a social skills curriculum with small groups of children or with individuals; behavioral lessons are for use with an individual child.
Autism & PDD: Social Skills Lessons - Primary Home	Pam Britton Reese & Nena Challenner	Book	Social Skills	One-page lessons with each sentence supported by pictures makes these lessons well-targeted to the typical needs of

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				preschool and early primary students. Includes instructional and behavioral lessons. Instructional lessons are intended to teach young children what they need to do or say in social situations; behavioral lessons target specific social problems that need to be stopped. Instructional lessons may be used as a part of a social skills curriculum with small groups of children or with individuals; behavioral lessons are for use with an individual child.
Autism & PDD: Social Skills Lessons - Primary School	Pam Britton Reese & Nena Challenner	Book	Social Skills	One-page lessons with each sentence supported by pictures makes these lessons well-targeted to the typical needs of preschool and early primary students. Includes instructional and behavioral lessons. Instructional lessons are intended to teach young children what they need to do or say in social situations; behavioral lessons target specific social problems that need to be stopped. Instructional lessons may be used as a part of a social skills curriculum with small groups of children or with individuals; behavioral lessons are for use with an individual child.
Autism-Asperger's & Sexuality: Puberty and Beyond	Jerry and Mary Newport	Book	Social Skills	A husband and wife with Asperger's Syndrome give invaluable advice to and for teens and adults going through this difficult period.
Autism/Asperger's: Solving the Relationship Puzzle	Steven Gutstein	Book	Social Skills	A Developmental Program that Opens the Door to Lifelong Social & Emotional Growth for Persons with Autism, Asperger's Syndrome & PDD.
Building Social Relationships: A Systematic Approach to Teaching Social Interaction Skills to Children with Autism Spectrum Disorders	Scott Bellini, Ph.D.	Book	Social Skills	Clear and easy-to-read, this book provides a systematic approach to teaching social interaction skills to children and adolescents with autism spectrum disorders. Combining practical sense and everyday solutions, this book is applicable for home and school. Presents a step-by-step model for teaching children with ASD.
Comic Strip Conversations	Carol Gray	Book	Social Skills	Colorful, illustrated interactions with students with autism and related disorders. Comic strip conversations systematically identify what people say and do, and emphasize that people may be thinking. Comic strip conversations are also used to visually "work through" a problem/situation and identify solutions.
Friendship Factor, The	Kenneth H. Rubin, Ph.D.	Book	Social Skills	Based on twenty-five years of research on friendship, Dr. Kenneth H. Rubin reveals the importance of healthy social

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Going to the Heart of Autism: Relationship Development Intervention Program	Dr. Steven Gustein	DVD	Social Skills	development to a child's emotional and intellectual growth. This book uses vivid case studies to highlight normal social development, potential problems, and real distress. A must read for parents and professionals who work with all children including those children who struggle to understand the social world that surrounds them.
Growing Up: A Social and Sexual Education Picture Book for Young People with Mental Retardation	Victoria Shea, Ph.D., Betty Gordon, Ph.D., University of North Carolina at Chapel Hill	Loose-leaf book	Social Skills	Going to the Heart of Autism is the most concise overview of the Relationship Development Intervention Program to date. The DVD provides over 5 hours of instruction and includes 30+ video clips of parents and families participating in RDI activities. An excellent tool to introduce and educate teachers, therapists, grandparents and friends to RDI. Topics are dynamically presented for a general audience, but would also be appropriate for someone on a post-doctorate level.  This illustrated manual was designed to help parents and educators teach students with developmental disabilities about issues of sexuality and social behavior with their children or students. The manual is intended for children aged 12 years or older and uses explicit illustrations and descriptions in order to be clear. The loose-leaf format allows parents or teachers to remove pages they do not wish to use.
Helping the Child Who Doesn't Fit In	Stephen Nowicki, Jr., Ph.D., & Marshall P. Duke, Ph.D.	Book	Research/Social Skills	Many children on the autism spectrum have difficulty using or understanding nonverbal communication - key to a child's social acceptance. Based on decades of research which support their findings, the authors provide parents and teachers with a guide to nonverbal communication and its role in healthy interpersonal relationships. Included are insights into understanding nonverbal communication deficits as well as practical applications for teaching these children the rules of communication.
Hidden Curriculum, The	Brenda Smith Myles	Book	Social Skills	This remarkable guidebook is invaluable for helping persons with social-cognitive difficulties make sense of unspoken rules and expectations that govern how we interact with others in everyday life. In well-written, straightforward and friendly style, the authors provide excellent insights and sensible tools that draw from a wealth of research and experience.

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TITLE	AUTHOR (S)	TYPE	CATEGORY	DESCRIPTION
Hidden Curriculum, The	Brenda Smith Myles	DVD	Social Skills	This DVD, based on the book by the same name, is invaluable for helping persons with social-cognitive difficulties make sense of unspoken rules and expectations that govern how we interact with others in everyday life. In a straightforward, friendly, and often humorous style, the author provides excellent insights and sensible tools that draw from a wealth of research and experience.
How Rude! The Teenagers' Guide to Good Manners, Proper Behavior, and Not Grossing People Out	Alex J. Packer, Ph.D.	Book	Social Skills	This humorous, educational book for teens is a veritable encyclopedia of etiquette. This book teaches the basics of polite behavior in all kinds of situations - at home, in school, in public, with friends, with strangers, on the bus, and anywhere young people go. Also included are stories divulging the consequences of NOT having good manners, and insight into what other teens, parents, and teachers think about manners and why they're important. An all-encompassing how-to guide, this resource is a useful tool for teaching social skills to young people with autism spectrum disorders.
How to Take the GRRRR Out of Anger	Elizabeth Verdick & Marjorie Lisovskis	Book	Children's Book (Social Skills)	This book uses solid information and advice combined with jokes and funny cartoons to speak directly to kids. It is a useful tool to teach how to manage anger and provides strategies to resolve conflicts in safe, acceptable ways. Included are chapters on how to recognize anger in themselves and others, how to tame their temper, and how to solve anger problems. Also included is information on what to do when people around them are angry, how to get help, and how to locate other resources (books, hotlines, school groups) when they need more support.
Inside Out: What Makes A Person With Social Cognitive Deficits Tick?	Michelle Garcia Winner	Book	Social Skills	Written by a leading speech-language pathologist, this user-friendly book introduces a framework of how to more specifically understand the deficits of persons with social cognitive disabilities. The ILAUGH model is presented, which describes many of the key areas of cognition and related skills that are weak in persons with "social skills deficits". The idea that teaching students "social skills" first requires an understanding about the supporting social cognitive components and then work with students to increase their social thinking concepts is articulated and supported by examples from clinical experiences. Worksheets and sample IEP goals are provided.

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Joining In: A Program for Teaching Social Skills	Linda Murdock and Guru Shabad Khalsa	Book/Kit	Social Skills	This is a set of two videos and an instructor's Manual.	
Let's Talk Emotions	Teresa A. Cardon M.A., CCC-SLP	Book	Social Skills	This book focuses on strategies and intervention ideas to help children with social cognitive deficits, including AS, HFA, and NVLD, learn to understand and express empathy and emotions.	
My Social Stories Book	Carol Gray & Abbie Leigh White	Book	Children's Book/Social Skills	Taking the form of short narratives, the stories in this book are written for preschoolers on the autism spectrum, age two to six, and are designed to teach social and life skills including basic activities and experiences.	New
Navigating the Social World	Jeanette McAfee, M.D.	Book	Social Skills	A curriculum for individuals with Asperger's Syndrome, High Functioning Autism, and Related Disorders. This book is a superb resource for parents and professionals, providing clear and thorough cognitive behavioral programs for working with children to develop social life skills.	
Navigating the Social World	Jeanette McAfee, M.D.	DVD	Social Skills	A dynamic video workshop offering creative strategies for teaching social skills I fun ways. This video is for teachers and family members.	
Passport to Friendship: Facilitating Peer Play for Children with ASD	Behavioral Intervention Association	DVD	Behavior/Social Skills	An engaging step-by-step approach to generating successful peer play for the child with ASD. Using clear examples, insights from parents, and expert commentary by Hilary Baldi, MA, this film helps parents and educators discover that, although peer play is complex, the skills required for interactive play can be broken down into achievable goals.	New
Peer Play and the Autism Spectrum	Pamela Wolfberg	Book	Social Skills	This is a user-friendly resource for parents and educators who understand that quality intervention for young children with autism must include play. Based on award-winning research, Pamela Wolfberg offers practical guidelines for developing Integrated Play Groups. Her assessment, hands-on activities and detailed strategies give us the tools we need to build fun and meaningful play opportunities for children.	
Playground Politics	Stanley Greenspan, M.D.	Book	Social Skills	This book looks at the middle years of childhood-from kindergarten to junior high-and helps parents understand the enormous emotional challenges these children are facing. This is an exciting book, easy to read and to identify with, valuable for all parents of children aged five	

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Relationship Development Intervention Program	Steve Gutstein, Ph.D.	Video	Social Skills	to twelve. Dr. Greenspan brings to life the emotional milestones of these years as children move toward an independent self-image.  The video is approximately 3 hours in length and provides a great deal of introductory information about RDI™ Program. Taken from the highlights of a recent workshop, this video includes clips of parents and families participating in RDI™ Program Activities, the research and studies that support this revolutionary protocol and the history and practicality of this innovative program.
Relationship Development Intervention with Children, Adolescents and Adults	Steven Gutstein & Rachelle K. Sheely	Book	Social Skills	This volume contains over 200 activities and exercises ranging over the entire gamut of social and emotional development, and is applicable to anyone, regardless of diagnosis, but will be particularly valuable for those on the autism spectrum. Activities can be undertaken independently, or with a teacher or therapist, and a full schema for the evaluation of progress and objectives is included.
Relationship Development Intervention with Young Children	Steven Gutstein & Rachelle K. Sheely	Book	Social Skills	Friendship, even for the most able, requires hard work, and the odds are heavily stacked against those with autism spectrum disorders. Designed for younger children, typically between the ages of two and eight, this comprehensive set of activities emphasizes foundation skills such as social referencing, regulating behavior, conversational reciprocity and synchronized actions.
Room 14: A Social Language Program Ages 6-10	Carolyn Wilson	Kit	Communication/Social Skills	This program is written for children ages 6-10 with language and/or learning difficulties to provide social language skills through stories and extended activities. Students will identify with the Room 14 characters who have social problems and social successes much like their own. Included in a complete curriculum consisting of an instructor's manual, activities book, and picture book.
Room 28: A Social Language Program Ages 12-18	Carolyn LoGiudice & Nancy McConnell	Kit	Communication/Social Skills	This program is written for students ages 12-18 with language and/or learning difficulties to provide social language skills needed to be successful in school and in life. This program will equip teachers and students with the knowledge and strategies needed to understand and manage social situations and resolve conflicts. Instructor's manual & workbook.

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S.O.S.: Social Skills in Our Schools	Michelle A. Dunn, Ph.D.	Book	Social Skills	A comprehensive social skills program for children with pervasive developmental disorders, including High-Functioning Autism and Asperger Syndrome, and their typical peers. This program focuses not only on developing appropriate social skills for these children, but also fosters understanding among peers and school staff.	
Social Behavior Mapping	Michelle Garcia Winner	Book	Social Skills	The Social Behavior Map (SBM) is a cognitive behavior strategy used to teach students to better understand how their behavior impacts how other people think about them. Geared for use by parents and professionals to help those with social thinking challenges, over 50 Social Behavior Maps are included covering topics for home, community, and classroom.	New
Social Skills Activities for Secondary Students with Special Needs	Darlene Mannix	Book	Social Skills	For special educators, counselors, and other professionals, here are over 180 ready-to-use worksheets to help students in grades 6-12 learn basic social skills and how to apply them at home, school, work, among peers, and in the community. Materials can be adapted to whole class, small group, or individual instruction.	
Social Skills Picture Book, The	Jed Baker, Ph.D.	Book	Social Skills	A dynamic teaching tool that engages the attention and motivation of students who need extra help learning appropriate social skills by demonstrating nearly 30 social skills such as conversation, play, emotion management and empathy.	
Social Skills Training and Frustration Management	Dr. Jed Baker	DVD	Social Skills	This presentation is valuable to family members and professionals working with individuals with autism spectrum disorders and other issues that impact social-emotional functioning. Learn how to de-escalate meltdowns, prevent problems with behavior plans, increase motivation to learn social skills, develop strategies to teach and generalize skills like conversation and conflict resolution, and create accepting peer environments.	New
Social Skills Training For Children and Adolescents with Asperger Syndrome and Social-Communication Problems	Jed E. Baker, Ph.D.	Book	Social Skills	This user-friendly book provides a wealth of ready-to-use activities for both parents and educators working with children and adolescents with Asperger Syndrome and social-communication problems. This book covers everything from assessment and strategies for social skills training, to generalization of those skills, to behavior management, to the often-overlooked importance of	

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Social Story Book, The New	Carol Gray	Book	Social Skills	<p>promoting peer acceptance through sensitivity training. The core of this book is the inclusion of individual skill lessons and activities that address many social situations. An essential resource for those who want to increase all students' social and coping skills.</p>
Social Story Book, The Original	Carol Gray	Book	Social Skills	<p>This new book has new text and illustrations to help children with autism or Asperger's Syndrome understand the social world around them. As in her other two social storybooks, which the new book replaces, topic areas include home, school, community, social skills, and writing social stories.</p>
Social Thinking Across the Home and School Day	Michelle Garcia Winner	DVD	Social Skills	<p>This is the original Social Stories book. Included are stories about home, school, community, addressing social skills, and writing your own social stories.</p> <p>The presenter in this two DVD set is a speech and language pathologist who specializes in the treatment of students with social cognitive deficits. Her workshops are known for their practical strategies and upbeat, humorous style. The first DVD is a two-hour workshop in which the ILAUGH Framework, a six-point model of social cognition, is defined. The second DVD illustrates key concepts through direct instruction with elementary and high school aged children.</p>
Social Thinking Across the Home and School Day	Michelle Garcia Winner	Video	Social Skills	<p>The presenter in this two video set is a speech and language pathologist who specializes in the treatment of students with social cognitive deficits. Her workshops are known for their practical strategies and upbeat, humorous style. The first vidpe is a two-hour workshop in which the ILAUGH Framework, a six-point model of social cognition, is defined. The second video illustrates key concepts through direct instruction with elementary and high school aged children.</p>
Some Interpersonal Social Skill Objectives and Teaching Strategies for People with Autism	Nancy Dalrymple (Indiana Resource Center for Autism)	Book	Social Skills	<p>The need and general strategies for teaching social interaction skills are discussed briefly, then a sample of objectives with a rationale, lead-up and modification ideas, teaching procedures, and considerations in integrating persons with autism in recreation, work, and personal management settings.</p>

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Some Social Communication Skill Objectives and Teaching Strategies for People with Autism	Nancy Dalrymple (Indiana Resource Center for Autism)	Book	Social Skills	The need and general strategies for teaching social communication skills are discussed briefly, then a sample of detailed objectives to give the reader ideas for designing personalized social communication objectives.	
Space Travelers: An Interactive Program for Developing Social Understanding, Social Competence, and Social Skills for Students with Asperger Syndrome, Autism, and other Social Cognitive Challenges	M.A. Carter & J. Santomauro	Book/Kit	Social Skills Included are both Space Guide (Teacher) Manual and Student Manual	"Space Travelers" is an excellent social skills program with easy-to-follow curriculum for mid-grade school-aged children with Asperger Syndrome, high functioning autism and related disorders. Included with the program are both a teacher's manual and a student workbook. Using the space traveler metaphor, teachers (space guides) teach children (space travelers) strategies to understand and be successful in the social world. The program uses a fun and clearly defined approach to teaching social-emotional skills which will appeal to both children and teachers.	
Storymovies: Social Concepts and Skills at School (Professional Edition)	Carol Gray & Mark Shelley	DVD	Social Skills	Parents and professionals around the world have already experienced success using Carol Gray's Social Stories with a wide variety of children and adolescents. Now, they can use Storymovies, which are Social Stories illustrated with movies and acted out by real children, teachers, and parents. This professional version includes 25 Storymovies with freeze frames to show the text of the story, both color and black and white versions, printable photos from all Storymovies, plus games and activities overview.	
Superflex...A Superhero Social Thinking Curriculum	Stephanie Madrigal & Michelle Garcia Winner	Book	Social Skills	Superflex provides educators and parents with fun and motivating ways to teach elementary school students with Asperger Syndrome and high-functioning autism how to build social skills. Superflex combines a book, comic book and CD to create a curriculum that develops in the students' brains a superhero who overcomes the social thinking challenges that arise in different social contexts.	New
Taming the Recess Jungle	Carol Gray	Book	Social Skills	This book is a great tool to socially simplify recess for students with autism and related disorders.	
Teaching Asperger's Students Social Skills Through Acting: All Their World's a Stage!	Amelia Davies	Book	Social Skills	Drawing both on her background in theatre and on her experience working with adults and children with autism, the author has developed a fun, easy-to-follow, step-by-step drama curriculum specifically for parents and professionals without backgrounds in acting.	
Think Social! A Social Thinking	Michelle Garcia Winner	Book	Social Skills	This curriculum documents how lessons are introduced at	

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Curriculum for School-Age Students				the author's Center for Social Thinking clinic. It demonstrates how to develop a social thinking vocabulary with which to teach children, parents, and teachers across the years. It starts with lessons on being part of a group and continues into self-monitoring behavior, development of language-specific skills, awareness of language meaning, and the development of imagination and wonder towards play/conversation.	
Unwritten Rules of Social Relationships: Decoding Social Mysteries through the Unique Perspectives of Autism	Dr. Temple Grandin & Sean Barron	Book	Social Skills	Dr. Temple Grandin and Sean Barron use their colorful life stories to explain the unwritten rules and patterns of social relationships. They create guidelines for living and working with others and illustrate their infinite applications, in even the most complex situations.	New
Worksheets! for Teaching Social Thinking and Related Skills	Michelle Garcia Winner	Book	Social Skills	The purpose of this book is to provide parents and educators with ways to explore breaking down abstract social thinking concepts into concrete ways for students to work on them in individual sessions or as part of a larger group. The lessons are organized into categories that include friendship, perspective taking, self-monitoring, being part of a group, effective communication, making plans to be with others, problem solving, and more.	
Writing Social Stories with Carol Gray	Carol Gray	Kit	Social Skills	This video and accompanying workbook provides step-by-step training; teaching others to write Social Stories. The workshop also shares an insight into the perspective of people with ASD that is central to all of the social understanding strategies developed by Carol Gray. (2 videos and workbook)	
You are a Social Detective! Explaining Social Thinking to Kids	Michelle Garcia Winner & Pamela Crooke	Book	Social Skills	Every one of us is a Social Detective. We are good Social Detectives when we use our eyes, ears, and brains to figure out what others are planning to do next or are presently doing and what they mean by their words and deeds. This entertaining comic book offers different ways that can be reviewed repeatedly with students to teach them how to develop their own social detective skills.	New