

Autism Outreach Project Resource Library: Sensory

TITLE	AUTHOR (S)	TYPE	CATEGORY	DESCRIPTION	
101 Activities for Kids in Tight Spaces	Carol Stock Kranowitz, M.A.	Book	Sensory	The author of this book, well-known for her work in sensory integration, has provided 101 ingenious solutions to keep kids content in tight spaces-like cars, planes, the doctor's office, the grocery store, being sick or housebound, waiting in life. Her activity ideas are easy to implement, creative, and fun.	
Arnie and His School Tools: Simple Sensory Solutions That Build Success	Jennifer Veenendall	Book	Children's Book/Sensory	This illustrated children's book is about an exuberant little boy who had difficulty paying attention in class and doing his school work until he was equipped with the tools to accommodate his sensory needs. An engaging way to introduce elementary students to basic sensory tools used to help children focus in classroom settings, such as fidgets, chewy pencil toppers, and weighted vests.	New
Building Bridges Through Sensory Integration	Ellen Yack, Paula Aquilla, & Shirley Sutton	Book	Sensory	Therapy for Children with Autism and Other Pervasive Developmental Disorders. This resource book clearly explains sensory systems and sensory integration and how to identify problems in this area for individuals with autism. Included are checklists to help identify concerns; practical suggestions for activities for specific difficulties; strategies for challenging behaviors; and adaptations in a variety of settings.	
Goodenoughs Get in Sync, The	Carol Stock Kranowitz	Book	Children's Book/Sensory	This great new book tells the story of five family members and their naughty dog (each with a different sensory processing challenge) and how they get in sync after a tough day. Although it is designed for eight-to-twelve year olds to help them understand how their senses develop, adults will also find it valuable as explanations of sensory processing disorder are woven throughout the story.	
How Does Your Engine Run? A Leader's Guide to the Alert Program for Self-Regulation	Mary Sue Williams & Sherry Shellenberger	Book	Sensory	Provides the theory and key concepts of the Alert Program in an easy-to-read fashion. The program promotes awareness of self-regulation and uses sensorimotor strategies to manage levels of alertness. Outstanding resource to promote understanding and support educational and therapeutic programs.	

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Learn to Move, Move to Learn! Sensorimotor Early Childhood Activity Themes	Jenny Clark Brack	Book	Sensory	This book is an excellent resource for parents and professionals, providing "best practice" occupational therapy services to children in preschool and early childhood settings. This complete, easy-to-use program teaches linguistic, cognitive, social/emotional, and motor skills using a transdisciplinary sensory integration approach. Fun, engaging, and stimulating activities which are theme- and literature-based are performed are performed within an inclusive environment.
Light on the Horizon: A Deeper View from Inside the Autism Puzzle	Thomas McKean	Book	Sensory	A sequel to his first book, Thomas McKean offers parents and professionals insight into the behavior of individuals with autism. McKean has provided valuable testimony regarding the link between autism and sensory dysfunction. In this unique first-person narrative, he has illustrated for parents, educators and therapists, the difficulty many with autism have registering, modulating and integrating sensory input. The better the understanding of this link, the greater the insight into the behavior of those with autism.
Making Sense of Art: Sensory-Based Art Activities for Children with Autism, Asperger Syndrome and Other Pervasive Developmental Disorders	Sandra R. Davalos	Book	Sensory	In this exciting book, the author provides a series of practical and meaningful art experiences that can be adapted and modified to children of varying skill levels. The activities are designed to stimulate the child's senses through manipulation and exploration, arouse curiosity and creativity, and develop a sense of mastery. Included are easy-to-follow, step-by-step procedures along with a list of adaptations, modifications and alternative instructional strategies suggested for children with special needs in inclusive classrooms.
Out-of-Sync Child, The	Carol Stock Kranowitz, M.A.	Book	Sensory	This book offers new insights into SI Dysfunction - a frequently misdiagnosed problem in which messages from the senses are not processed correctly by the central nervous system. Chapters include information on how to recognize SI Dysfunction, determine which senses are affected, and drug-free treatment options.

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Out-of-Sync Child, The	Carol Stock Kranowitz, M.A.	Video	Sensory	This informative and clearly presented video guide to Dysfunction in Sensory Integration (DSI) provides a drug-free approach that offers new hope for parents. First identified decades ago by an occupational therapist, DSI is a common problem in which messages from the senses are not correctly processed by the central nervous system. This video offers comprehensive, easily understood information on Dysfunction in Sensory Integration.
Out-of-Sync Child Has Fun, The	Carol Stock Kranowitz, M.A.	Book	Sensory	This book features more than one hundred playful activities that are SAFE - Sensory-motor, Appropriate, Fun and Easy - to help develop and organize a child's brain and body. These activities are a great way to counteract Sensory Integration Dysfunction.
Pathways to Play! Combining Sensory Integration and Integrated Play Groups	Glenda Fuge, M.S., OTR/L, & Rebecca Perry, M.S., PT	Book	Sensory	Theme-based activities for children with autism spectrum and other sensory-processing disorders. An excellent resource for parents, therapists, and educators who wish to incorporate sensory-integration activities into children's play.
Sensory Challenges & Answers	Dr. Temple Grandin	Video	Sensory	Perhaps one of the most noted high-functioning individuals with autism in the world, Temple Grandin, Ph.D. is an active speaker around the world on autism and the author of two books, Emergence: Labeled Autistic and Thinking in Pictures. In addition to her career designing livestock handling systems, she has helped thousands of parents and professionals understand how to help individuals with autism/PDD/Asperger's. In this video, Temple discusses the sensory problems people with autism may face. She also gives ideas as to how one can best face these challenges.
Sensory Motor Issues in Autism	Johanna M. Anderson, OTR	Book	Sensory	This book is a resource for parents, teachers, and the therapists who consult with them that addresses the specific sensory motor issues in children with autism and related syndromes. This concise, well-organized manual contains reproducible checklists.
Sensory Processing Disorder: Simulations and Solutions for Parents, Teachers and Therapists	Jenny Clark Brack, OTR/L	DVD	Sensory	This practical 25 minute DVD presents basic information about sensory systems along with simple solutions for how to deal with sensory challenges both at home and at school. Viewers will experience what it feels like to have a sensory processing disorder by engaging in simulated exercises for a variety of sensory-processing difficulties.

New

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TITLE	AUTHOR (S)	TYPE	CATEGORY	DESCRIPTION
Sensory-Sensitive Child, The: Practical Solutions for Out-of-Bounds Behavior	Karen A. Smith & Karen R. Gouze	Book	Sensory	Two psychologists who are parents of children with sensory processing difficulties show how to recognize sensory processing problems and evaluate treatment options, view the child's world through a "sensory lens", and implement strategies for handling sensory challenges at home, at school, and in 21st-century kid culture.
Too Loud, Too Bright, Too Fast, Too Tight: What to Do If You Are Sensory Defensive in an Overstimulating World	Sharon Heller, Ph.D.	Book	Sensory	This clear and comforting book, written by a developmental psychologist with sensory defensiveness herself, discusses her own successful therapy and how it transformed her life. Included are an overview of the condition; treatment options including diet, medication, and relaxation techniques; and a comprehensive resource guide listing books, articles, videos, and websites on sensory defensiveness, sensory integration, and auditory integration.