

Autism Outreach Project Resource Library: High Functioning Autism and Aspergers

TITLE	AUTHOR (S)	TYPE	CATEGORY	DESCRIPTION	
Ask Me about Asperger's Syndrome	Michael Thompson Productions	Video	High Funct/Aspergers	This 25 minute video is the first in a series of videos on Asperger's Syndrome. Professionals and parents describe the impairments that typically affect students with this disorder and offer practical suggestions and techniques for working with these children.	
Asperger Marriage, An	Gisela & Christopher Slater-Walker	Book	High Funct/Aspergers	This book examines the relationship between two people, one of whom has been diagnosed with Aspergers Syndrome. It provides valuable knowledge not only to individuals with Asperger Syndrome who are considering a relationship, but also to professionals and anyone working with people with relationship difficulties.	
Asperger Syndrome	ed by Ami Klin, Ph.D., Fred Volkmar, MD, & Sara Sparrow, Ph.D.	Book	High Funct/Aspergers	This book is a comprehensive guide to Asperger Syndrome. The chapters are in depth and cover issues such as diagnosis, treatment, intervention adolescence, and adulthood.	
Asperger Syndrome: A Guide for Educators and Parents	Brenda Smith Myles & Richard L. Simpson	Book	High Funct/Aspergers	This book will be easily understood by both parents and professionals and provides information that helps explain this syndrome and its relation to autism. Chapters include: definitions and characteristics; assessment; academic supports; social enhancement and behavioral management methods; transition; and the impact on families.	
Asperger Syndrome: An Owner's Manual – What You, Your Parents, and Your Teachers Need to Know	Ellen S. Heller Korin, M.Ed.	Book	High Funct/Aspergers	This interactive workbook is designed to help young people, approximately 5th to 8th grade, develop their Personal Profile. With the help of a trusted adult, the child completes a series of exercises related to learning style, sensory issues, emotions, relationships, and more, culminating in a written plan for each major area of life.	
Asperger Syndrome: An Owner's Manual 2 – For Older Adolescents and Adults	Ellen S. Heller Korin, M.Ed.	Book	High Funct/Aspergers	This interactive workbook is designed to assist users in identifying their unique profiles in order to devise appropriate and customized interventions and strategies.	New
Asperger Syndrome: Success in the Mainstream Classroom	Coulter Video	DVD	High Funct/Aspergers	Proven techniques teachers can use to create a positive learning experience for students with Asperger Syndrome in the mainstream classroom environment.	New

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Asperger Syndrome and Adolescence	Teresa Bolick, Ph.D.	Book	High Funct/Aspergers	In this book, Dr. Bolick addresses the challenges faced by older children with Asperger Syndrome. Packed with practical advice and inspiring stories, this book can easily be utilized by parents, educators, and therapists guiding teens with AS down the path toward happiness and success.	
Asperger Syndrome and Adolescence: Practical Solutions for School Success	Brenda Smith Myles & Diane Adreon	Book	High Funct/Aspergers	An excellent book that fills a long-standing need. The authors present an excellent overview of the challenges that many learners with AS face as they enter their teens. They offer an array of practical, proven interventions to help address these challenges.	
Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums, Rage and Meltdowns	Brenda Smith Myles	Book	High Funct/Aspergers	This book provides a wealth of information for parents and professionals who work with children with Asperger Syndrome. The authors discuss how stress can manifest itself within people with AS, building to the point of "rage" at school or home. The authors thoroughly discuss what things to look for in school and at home, the "rage cycle," and strategies for promoting self-awareness.	
Asperger Syndrome and Sensory Issues: Practical Solutions for Making Sense of the World	Brenda Smith Myles, et al.	Book	High Funct/Aspergers and Sensory	This book is filled with practical advice for analyzing sensory processing difficulties. Individuals with Asperger Syndrome, their families, and professionals will find this book helpful in designing environmental adaptations and intervention strategies that enable individuals to be more successful.	
Asperger Syndrome and Young Children: Building Skills for the Real World	Teresa Bolick, Ph.D.	Book	High Funct/Aspergers	In a user-friendly style, the author provides practical strategies for all those working with and caring for three to seven year olds with Asperger Syndrome. She provides insight into the complex social and emotional needs of these young children and offers solutions that are based on sound developmental principles.	
Asperger Syndrome in Adolescence: Living with the Ups, the Downs, and Things in Between	ed by Liane Holliday Willey	Book	High Funct/Aspergers	Reflecting the views of parents, professionals, and those with AS themselves, this book tackles issues such as sexuality, depression, and friendship. It is an essential survival guide to adolescence.	New
Asperger Syndrome: Living Outside the Bell Curve	IEP Resources	Video	High Funct/Aspergers	This video looks at students diagnosed with Asperger Syndrome in general and focuses in on one 12 year old boy. The video includes an in-depth interview explaining the causes of, symptoms of, and strategies for coping with Asperger Syndrome.	

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Asperger Syndrome or High-Functioning Autism?	ed by Eric Schopler, Ph.D., Gary Mesibov, Ph.D., & Linda Kunce, Ph.D.	Book	High Funct/Aspergers	The relationship between high-functioning autism and Asperger's remains a subject of debate and confusion. In this book, leading scientists present varying opinions on the subject. Topics include an overview of the current state of the field; diagnostic, assessment, and treatment issues; related conditions; and neuropsychology issues.	
Asperger's and Girls	Tony Attwood, Temple Grandin, & others	Book	High Funct/Aspergers	Here is a book that provides up-to-date information about girls and women with Asperger's Syndrome. Covering topics such as diagnoses, education, puberty, relationships, and careers, experts in the field share practical advice for both caregivers and the girls affected by Asperger's.	New
Aspergers in Love	Maxine Aston	Book	High Funct/Aspergers	Comparing and contrasting both Asperger and non-Asperger partners' viewpoints, this book frankly examines the fundamental aspects of relationships that are often complicated by the condition. It is a must for all those in a relationship where one partner has AS, as well as for friends, family, and professionals.	
Asperger's Syndrome: A Guide for Parents and Professionals	Tony Attwood	Video	High Funct/Aspergers	This 2 video set presented by Dr. Tony Attwood, a leading authority on Asperger Syndrome, will assist parents and professionals with the identification, treatment, and care of both children and adults with Asperger Syndrome. The video provides a description of the unusual characteristics of the syndrome as well as practical strategies to reduce those that are most debilitating. Attwood incorporates case studies and questions from individuals with Asperger's while discussing such topics as language, social behavior, family support, resources, and motor clumsiness.	
Asperger's Syndrome: A Guide for Parents and Professionals	Tony Attwood	DVD	High Funct/Aspergers	In this presentation, Dr. Tony Attwood, a leading authority on Asperger Syndrome, assists parents and professionals with the identification, treatment, and care of both children and adults with Asperger's. The video provides a description of the unusual characteristics of the syndrome and practical strategies to reduce those that are most debilitating. Attwood incorporates case studies and questions from individuals with Asperger's while discussing such topics as language, social behavior, family support, resources, and motor clumsiness.	

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Asperger's Syndrome: A Guide for Parents and Professionals	Tony Attwood	Book	High Funct/Aspergers	Provides an overview and analysis of the unusual characteristics of Asperger's Syndrome. Attwood also offers strategies to reduce the most debilitating characteristics of this syndrome. Attwood incorporates case studies and questions from individuals with Asperger's while discussing such topics as language, social behavior, family support, resources, and motor clumsiness.	
Asperger's Syndrome, Autism, and Obsessive Behavior	BBC	Video	High Funct/Aspergers	Through interviews with individuals with Asperger's Syndrome, family members, and professionals, this video provides a depiction of the social difficulties, obsessions, fears, anxieties, and other characteristics of Asperger's. An excellent video for those wanting to gain a better understanding of Asperger's Syndrome.	
Asperger's Syndrome: Crossing the Bridge	Dr. Liane Holliday Willey & Dr. Tony Attwood	Video	High Funct/Aspergers	This video presents Asperger's Syndrome through the eyes of Dr. Liane Holliday Willey, an adult diagnosed with the disorder. Dr. Tony Attwood, one of the leading experts in the field, interviews Liane as they discuss her life-time experiences, struggles, and triumphs with Asperger's.	
Asperger's Syndrome, The Source	Timothy P. Kowalski	Book	High Funct/Aspergers	This book is a comprehensive source of information written in a language designed to allow the reader to quickly grasp its content. Parents, educators, diagnosticians, physicians, and administrators will find the information useful in addressing the needs of these children.	
Asperger's Syndrome, Volume 2: Anger Management, Teachers, Teenage Issues	Tony Attwood	DVD	High Funct/Aspergers	The world leading therapist on Asperger's Syndrome offers dynamic, effective ideas on three important subjects: anger management, teenage issues, and teaching teachers about Asperger's.	
Asperger's... What Does it Mean to Me?	Catherine Faherty	Book	High Funct/Aspergers	A workbook explaining self awareness and life lessons to the youth with high functioning autism or Asperger's Syndrome.	
Being Bullied: Strategies and Solutions for People with Asperger's Syndrome	Nick Dubin	DVD	High Funct/Aspergers	This DVD is narrated by Nick Dubin, a former victim of bullying who has Asperger's Syndrome. Included are practical strategies to empower parents, professionals, schools, and individuals to prevent bullying.	New

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Creative Programming for Children with Autism Part I: Head start/Kindergarten and Part II: First Grade	Indiana Res. Ctr.	Video	High Funct/Aspergers	Children with disabilities are increasingly being integrated into classrooms with peers. These videotapes show a high functioning child with autism who is integrated into school programs based on a creative programming approach by the school/parent team. The tapes focus on the planning issues, implementation practices, and critical factors which contribute to successful integration.	
Higher Functioning Adolescents and Young Adults with Autism: A Teacher's Guide	ed by Ann Fullerton	Book	High Funct/Aspergers	This comprehensive book provides important insights and practical strategies for teaching and supporting higher functioning students with autism in school. The examples used center on the high school years, but the strategies apply to elementary school through college situations.	
Intricate Minds: Understanding Classmates With Asperger Syndrome	Coulter Video	DVD	High Funct/Aspergers	This DVD provides an introduction to Asperger Syndrome for typically developing adolescents and children. A concise but inspiring tape of teenagers with Asperger's Syndrome talking about themselves - an excellent resource for teachers, school psychologists, and guidance counselors in helping typically developing peers understand classmates with AS.	New
Learning to Live with High Functioning Autism: A Parent's Guide for Professionals	Mike Stanton	Book	High Funct/Aspergers	Intended for the professionals who work with autistic people and their families, this book draws on the Stanton family's experiences, and compares it with the experience of others, to offer an honest portrayal of what living with autism is actually like for all of those involved. It provides support and encouragement for families, as well as being a valuable source of information and advice for professionals working with autistic children and their families.	
Martian in the Playground: Understanding the Schoolchild with Asperger's Syndrome	Clare Sainsbury	Book	High Funct/Aspergers	Based on her own school experiences as a child with Asperger's Syndrome, and the experiences of friends and companions, the author provides an insightful view into the world of young people with this autism spectrum disorder. The memories that they share of their experiences in school and social settings provide valuable understanding into what school is like for children with Aspergers.	

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No B.O.! The Head-to-Toe Book of Hygiene for Preteens	Marguerite Crump	Book	High Funct/Aspergers	This upbeat, hilarious book for preteens discusses the often unmentionable changes that occur during puberty and personal health issues that are hard to talk about face-to-face. In addition to teaching kids how to take care of themselves from head to toe, it also provides fascinating facts, surprising myths, and quotes from real kids.	
Oasis Guide to Asperger Syndrome, The	Patricia Romanowski Bashe & Barbara L Kirby	Book	High Funct/Aspergers	Barbara Kirby developed the award-winning OASIS (Online Asperger Syndrome Information and Support) Web site in 1995 to help other parents find the information they need. She teamed up with Patricia Romanowski Bashe to write this book, the most complete resource for parents and teachers of children with AS. This practical, sympathetic guide will help you face the particular challenges of loving and raising a child with AS.	
Perfect Targets: Asperger Syndrome and Bullying	Rebekah Heinrichs	Book	High Funct/Aspergers	Practical solutions for surviving the social world. This book provides helpful guidelines for administrators, teachers, and parents. The tools are specifically designed/adapted for the challenges faced by students with AS. Packed with easy-to-implement solutions for identifying, resolving, and preventing the bullying.	
Pervasive Developmental Disorders: PDD-NOS, Asperger's Disorder, and Autism Parent Information Booklet	Karen Levine, Ph.D.	Book	High Funct/Aspergers	This information booklet is designed for parents who have a child who has been diagnosed with "PDD" or Asperger's Syndrome. It was written because while there is a great deal written about children with autism, it is sometimes difficult to find information for parents about these other diagnoses. This information is intended to provide the reader with general background information about these diagnostic labels.	
Practical Solutions for Educating Young Children with High-Functioning Autism and Asperger Syndrome	Mary Jane Weiss, Ph.D.	Book	High Funct/Aspergers	This book is designed to help parents and professionals navigate the challenges for early learners with high-functioning autism (HFA) and Asperger Syndrome (AS). Because their deficits are more subtle, these children may be less understood by educational professionals. This book is a much-needed resource to help teachers understand their younger child with HFA or AS.	New

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Practical Solutions to Everyday Challenges for Children with Asperger Syndrome	Haley Morgan Myles	Book	High Funct/Aspergers	The nine-year-old author of this book has many practical suggestions for everyday situations which are presented in an easy-to-read format complete with engaging illustrations. Children and adults alike will enjoy this "how-to" manual.	
Right Address...Wrong Planet: Children with Asperger Syndrome Becoming Adults	Gena P. Barnhill	Book	High Funct/Aspergers	The author takes us along as her family negotiates the fine line between support vs. independence during her son's coming of age. It is a frank, at times, moving account of one family's experience, and the reader will learn from their struggles and success. This book is a long-awaited roadmap for parents of adolescents with Asperger Syndrome and the professionals who work with them.	
School Inclusion of a High Functioning Student with Autism	Indiana Res. Ctr.	Video	High Funct/Aspergers	This videotape was designed for parents, school staff, and others interested in learning about characteristics of high functioning autism from preschool through elementary school, and the strategies and supports which facilitate school inclusion. This videotape focuses on a high functioning child with autism at ages 4 and 11. VHS.	
Understanding Asperger's Syndrome: Fast Facts	Emily L. Burrows & Sheila J. Wagner	Book	High Funct/Aspergers	The purpose of this guide is to help educators become acquainted with identifying and meeting the needs of students with Asperger's Syndrome.	New
Updates in Asperger's Syndrome	David Breiger, Ph.D.	Video	High Funct/Aspergers	Presentation on Child and Adolescent Neuropsychiatry given at the Shoreline Conference Center, Seattle, May 20, 2002	
Visual Thinking of a Person with Autism	Dr. Temple Grandin	Video	High Funct/Aspergers	Perhaps one of the most noted high-functioning individuals with autism in the world, Temple Grandin, Ph.D. is an active speaker around the world on autism and the author of two books, Emergence: Labeled Autistic and Thinking in Pictures. In addition to her career designing livestock handling systems, she has helped thousands of parents and professionals understand how to help individuals with autism/PDD/Asperger's. In this video, Temple describes to us the way she and many others with autism "think in pictures" and how to adjust for this specific learning style.	

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What is Asperger Syndrome, and How Will It Affect Me? A Guide for Young People	Martine Ives of the NAS Autism Helpline	Book	High Funct/Aspergers	This book, from the National Autistic Society (NAS) of Great Britain, is a wonderful guidebook written for young people experiencing Aspergers syndrome. In clear and concise language, the book provides tips and answers to questions young people might have.