

## Autism Outreach Project Resource Library: Children's Books

TITLE	AUTHOR (S)	TYPE	CATEGORY	DESCRIPTION	
*Tacos Anyone? Alguien quiere tacos?	Marvie Ellis	Book	Spanish Language		
A Is for Autism, F Is for Friend: A Kid's Book on Making Friends with a Child Who Has Autism	Joanna L. Keating-Velasco	Book	Children's Book	This simple book provides a unique, positive glimpse of life from the perspective of a child with autism. Includes questions and a discussion format at the end of each chapter for use as a classroom teaching tool.	New
Al Capone Does My Shirts	Gennifer Choldenko	Book	Children's Book (Junior Fiction)	This humorous junior novel was selected as a 2005 Newbery Honor Book 2005. Moose Flannagan moves with his family to Alcatraz so his dad can work as a prison guard and his sister Natalie, who has autism, can attend a special school. But when Natalie is denied admittance to the school, the tenuous coping mechanisms the family has used for dealing with her disorder begin to unravel. Primarily for grades 6-8, it will also be appreciated by adults.	
Albert Einstein	Ibi Lepscky	Book	Children's Book	This book, written for children ages 4-8, tells the true story of Albert Einstein's childhood. This is a wonderful resource to help children understand Asperger's Syndrome and illustrate how children who are perceived to be "different" can grow up to make wonderful contributions to society as an adult.	
All About My Brother	Sarah Peralta	Book	Children's Book	In this charming picture book, eight-year-old Sarah Peralta gives us insights into the world of her non-verbal younger brother with autism. This book is an invaluable contribution to helping typically developing children understand children with autism.	
Amazingly Alphie! Understanding and Accepting Different Ways of Being	Roz Espin	Book	Children's Book	A book is a powerful learning tool that speaks directly to children who are trying to understand why children with special needs are they way they are. A must read for all teachers and their students and -most of all- parents.	
Andy and His Yellow Frisbee	Mary Thompson	Book	Children's Book	A colorfully illustrated children's book that will help siblings and other children understand the world of children with autism. A new girl at school tries to befriend Andy, an autistic boy, who spends every recess by himself spinning a yellow Frisbee.	
Arnie and His School Tools: Simple Sensory Solutions That Build Success	Jennifer Veenendall	Book	Children's Book/Sensory	This illustrated children's book is about an exuberant little boy who had difficulty paying attention in class and doing	New

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Asperger's Huh? A child's perspective	Rosina G. Schnurr	Book	Children's Book	his school work until he was equipped with the tools to accommodate his sensory needs. An engaging way to introduce elementary students to basic sensory tools used to help children focus in classroom settings, such as fidgets, chewy pencil toppers, and weighted vests.
Autism Acceptance Book, The	Ellen Sabin	Book	Children's Book	This colorfully illustrated activity book was created to help neurotypical children learn about autism spectrum disorder (ASD) and the characteristics that make kids with ASD unique. Through engaging and thought-provoking activities, children are encouraged to use their imaginations and experience how individuals with ASD might feel in a variety of situations. Written for readers ages 6 and up, this is a recommended resource for the home and classroom.
Blue Bottle Mystery, The	Kathy Hoopmann	Book	Children's Book (Chapter)	This chapter book for young readers is a warm, fun-filled fantasy story for children with a difference. The hero is Ben, a boy with Asperger syndrome. When Ben and his friend Andy find an old bottle in the school yard, they little realize the surprises about to be unleashed in their lives. Along with this exciting mystery is the story of how Ben is diagnosed with Asperger Syndrome and how he and his family deal with the problems and joys that come along.
Buster and the Amazing Daisy: Adventures with Asperger Syndrome	Nancy Ogaz	Book	Children's Book	In this exciting adventure story, Daisy, who has autism, defeats her bullies and overcomes her fears with the help of Buster, a very special rabbit. This book is not just a humorous and engaging story, it will also give its readers an insight into the hopes and dreams, as well as the fears and frustrations, of many children with autism.
Can I Tell You About Asperger Syndrome? A Guide for Friends and Family	Jude Welton	Book	Children's Book (Junior)	This brief book, written to explain Asperger Syndrome, is ideal for children between 7 and 15 years of age. It would serve as an excellent starting point for family and classroom discussions.
Captain Tommy	Abby Ward Messner	Book	Children's Book	A children's book designed to help them better understand the challenges faced by their peers who have autism. A young boy reluctantly agrees to separate from his best

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Chameleon Kid, The: Controlling Meltdown Before He Controls You	Elaine Marie Larson	Book	Children's Book/Behavior	friend to play with someone new - a boy with autism. He begins to understand the autistic boy's viewpoint, and is proud of having made a new friend. This is an upbeat book with colorful illustrations.
				In this captivating and clever story book, the Chameleon Kid shows young readers how to pay attention to the signs that Meltdown is coming and take action to prevent it from becoming full-blown. Uses a kid-friendly cartoon-like style to appeal to the visual learning style of children on the autism spectrum.
Different Like Me: My book of Autism Heroes	Jennifer Elder	Book	Children's Book	This book introduces children ages 8 to 12 to inspirational famous and historical figures including Albert Einstein, Dian Fossey, Lewis Carroll, among others. All excel in their own particular fields but are united by the fact that they, too, often found it difficult to fit in. It is a valuable resource for children, parents, teachers, caregivers, and siblings.
Goodenoughs Get in Sync, The	Carol Stock Kranowitz	Book	Children's Book/Sensory	This great new book tells the story of five family members and their naughty dog (each with a different sensory processing challenge) and how they get in sync after a tough day. Although it is designed for eight-to-twelve year olds to help them understand how their senses develop, adults will also find it valuable as explanations of sensory processing disorder are woven throughout the story.
Herman's Hiding Places	Karen Emigh	Book	Children's Book	This book helps children understand the prepositions "behind", "in", "over", "under", and suggests ways parents can make these concepts into everyday games to fortify the learning process. Entertaining for all children, the brightly-colored book is particularly relevant for children who have difficulty with abstract concepts.
How to Take the GRRRR Out of Anger	Elizabeth Verdick & Marjorie Lisovskis	Book	Children's Book (Social Skills)	This book uses solid information and advice combined with jokes and funny cartoons to speak directly to kids. It is a useful tool to teach how to manage anger and provides strategies to resolve conflicts in safe, acceptable ways. Included are chapters on how to recognize anger in themselves and others, how to tame their temper, and how to solve anger problems. Also included is information on what to do when people around them are angry, how to get help, and how to locate other resources (books, hotlines,

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				school groups) when they need more support.
Ian's Walk: A Story About Autism	Laurie Lears	Book	Children's Book	This story focuses on the relationship between Ian, a child with autism, and his siblings. Ian wanders off from his sisters one day while on a walk. They locate Ian by recalling his favorite activities and sights. It is a good book for illustrating how children with autism see the world through different eyes.
Jackson Whole Wyoming	Joan Clark	Book	Children's Book	This fiction chapter book tells the story of two fifth-grade boys, one of whom has Asperger Syndrome, from the eyes of the neurotypical child. It is a wonderful story which is also a valuable resource for educators and parents of students with Asperger Syndrome.
Jeffrey and the Despondent Dragon	John Sprecher	Book	Children's Book	A "special message" children's picture book for all families, Jeffrey and the Despondent Dragon is beautifully illustrated with 32 pages of color, that tells the story that "just because someone is different from others, or different from how they used to be, doesn't mean that you love them any differently." Especially poignant for families with children with developmental disabilities.
Joey & Sam	Illana Katz & Edward Ritvo	Book	Children's Book	This storybook is beautifully illustrated for children. It focuses on a family with two sons, one of whom is autistic. The book addresses their similarities and differences as it follows them through daily interactions with each other, parents, and friends.
Legendary Blobshocker	Ryan Wilson	Book	Children's Book	A colorful storybook written and illustrated by nine-year-old Ryan Wilson, a high functioning autistic boy with a delightful personality and great imagination. Publisher states it is the only book they know of written by a challenged child for the general population.
Little Rain Man	Karen Simmons	Book	Children's Book	Simmons, the mother of a child with autism, has written this book to help autistic children, along with their parents, teachers, and siblings, understand as early as possible the real "world of autism." The intent is to enable these children to get into an early intervention program as soon as possible. Written from a child's point of view, the book provides an insight into an autistic child's point of view.
My Friend with Autism	Beverly Bishop	Book	Children's Book	This book is a wonderful, positive way to provide young children and their parents with information about their

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Oliver Onion: The Onion Who Learns to Accept and Be Himself	Diane Murrell	Book	Children's Book	friends who have an autism spectrum disorder. This delightful picture book is written for and addresses some of the major issues faced by all children, but particularly so by those with autism spectrum disorders. Oliver Onion is written for 4 to 10 year olds but the colorful illustrations and heartfelt message will appeal to children and adults alike. A discussion guide helps teachers and others engage children in thoughtful exploration of this book.
Rules	Cynthia Lord	Book	Junior Fiction	This junior book was awarded the Newbery Honor and the Schneider Family Book Award. Twelve-year-old Catherine just wants a normal life. Which is near impossible when you have a brother with autism and a family that revolves around the disability. Filled with humor and warmth, this novel takes a sensitive look at feeling different and finding acceptance.
Russell is Extra Special: A Book About Autism for Children	Charles Amenta III, M.D.	Book	Children's Book	This is a sensitive portrayal of an autistic boy written by his father. A physician, Amenta skillfully weaves relevant factual information about autism into his narrative using clear language that children will easily follow.
Since We're Friends: An Autism Picture Book	Celeste Shally and David Harrington	Book	Children's Book	This story of two boys, one with autism and the other without, provides practical examples of how to make their friendship work. Children will see that their peers with autism can make a fun, genuine contribution to friendship.
Special People, Special Ways	Arlene Maguire	Book	Children's Book	The delightful rhyme combined with watercolor illustrations take the reader on a journey of discovery. This children's book presents a positive image of persons with disabilities. It shares the message that even though each of us may have something different about us, we share many commonalities.
Talking to Angels	Esther Watson	Book	Children's Book	Ages 5-8. Sophisticated in design, with illustrations that combine the innocent look of children's sketches with the pull of abstract expressionism, this book is one of the few picture books that tackles the subject of autism. There is no story in the traditional sense. Rather, in minimal text, Watson introduces her autistic sister, Christa, and the world of sensations in which the child seems to live. Autism is not sharply defined. In fact, young children may find many of

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This is Asperger Syndrome	Elisa Gagnon & Brenda Smith Myles	Book	Children's Book	Christa's feelings ("Christa loves the way water looks. She also likes the way kittens feel on her cheek" ) difficult to distinguish from their own. A subtle book best shared with grown-ups.
Tobin Learns to Make Friends	Diane Murrell	Book	Children's Book	Experience the world from the perspective of a young child with Asperger Syndrome. This book is a wonderful educational resource that can be used in the classroom. It helps develop an awareness and understanding for children with AS and their peers.
Tobin Learns to Make Friends	Diane Murrell	Book	Children's Book	Tobin, a train, teaches social skills to children without their being aware of the educational impact. The super colorful illustrations and the dialog between the conductor and Tobin make this book great to read out loud.
Too Smart for Bullies	Deputy Sheriff Robert Kahn & Sharon Chandler	Book	Children's Book	This book is a Children's Safety Book which talks about bullies in a story format and provides positive learning tools to discuss after reading the book.
Views from Our Shoes: Growing Up With a Brother or Sister With Special Needs	ed by Donald Meyer	Book	Children's Book	Gr. 4-6. Although the number of books about disabled children has grown steadily, not many nonfiction books explore the feelings of a disabled child's brother or sister. These unpretentious, honest snippets, contributed by 45 children ranging in age from 4 to 18, seek to fill that gap. In talking about their sibs and their feelings, the writers admit to embarrassment ("I'm sure glad he doesn't go to my school . . . if they find out that he's my brother, they'd laugh"), anger, and jealousy. But at the same time, they show how protective and loving and surprisingly wise they are when it comes to getting along in a family that is different. Black-and-white sketches are scattered through the text, and a glossary of medical conditions and a helpful list of support sources are appended.
What Autism Means to Me	Caspian Banki & Lynne Banki	Book	Children's Book/Family Issues	This book, written by a child with autism with "a little help from his mom" is a heartwarming look into the world of an autistic child. He does a great job of expressing himself and providing his peers with a window into his world.
When My Autism Gets Too Big! A Relaxation Book for Children with Autism Spectrum Disorders	Kari Dunn Buron	Book	Children's Book	The first of its kind, this child-friendly how-to manual teaches relaxation techniques to children with autism spectrum disorders. Written to help children, parents, and teachers understand about the anxiety experienced by

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Who Took My Shoe? Discovering Who, What, Where, When, Why and How	Karen Emigh	Book	Children's Book	<p>children with autism spectrum disorder and offers some suggestions about how the child might recognize 'anxiety' (autism too big) and what he or she might do.</p> <p>This book helps children understand the "who", "what", "where", and "when" questions often difficult for children with special needs to understand. Beautifully and colorfully illustrated, the book is entertaining for all children but educational for those who don't easily understand abstract concepts.</p>