

## Autism Outreach Project Resource Library: Behavior

TITLE	AUTHOR (S)	TYPE	CATEGORY	DESCRIPTION	
Addressing the Challenging Behavior of Children with High-Functioning Autism/Asperger Syndrome in the Classroom: A Guide for Teachers and Parents	Rebecca A. Moyes	Book	Behavior	This book provides possible explanations for some of the behaviors children with autism may exhibit, so that teachers and parents can design positive behavior support plans that are individualized and effective. Teachers learn how to create environmental supports and to incorporate specific teaching strategies to address target areas of development.	
Behavioral Issues in Autism	ed by Eric Schopler & Gary Mesibov	Book	Behavior	Chapters include topics such as assessment and treatment of self-injurious behavior, general principles of behavior management, and structured teaching. Contributors include Laura Schreibman, Michael Powers, June Groden, Sandra Harris, and Eric Schopler.	
Chameleon Kid, The: Controlling Meltdown Before He Controls You	Elaine Marie Larson	Book	Children's Book/Behavior	In this captivating and clever story book, the Chameleon Kid shows young readers how to pay attention to the signs that Meltdown is coming and take action to prevent it from becoming full-blown. Uses a kid-friendly cartoon-like style to appeal to the visual learning style of children on the autism spectrum.	New
Developing Emotional Intelligence: A Guide to Behavior Management and Conflict Resolution in Schools	Richard J. Bodine & Donna K. Crawford	Book	Behavior	This book shows how to create a behavior management program that promotes and supports the development of emotional intelligence. Students will learn to intentionally use their emotions to guide them in making responsible, need-fulfilling choices in areas such as learning, interpersonal relationships, and problem solving. Seven lessons are included which give students a basic understanding of their behavior -- emphasizing that all behavior is purposeful and that all behavior is chosen.	
Difficult Moments for Children and Youth with Autism Spectrum Disorders	Brenda Smith Myles	DVD	Behavior	This DVD provides practical solutions to everyday challenges experienced by individuals with Asperger Syndrome and a wealth of information for parents and professionals who work with children with Asperger Syndrome. Topics include an overview of the characteristics of AS and their impact on behavior; stages of the rage cycle; strategies to promote social skill development and self-awareness; self-calming and self-management; solutions including daily routines, organization, and support.	
Exploring Feelings: Cognitive Behavior Therapy to Manage Anger	Dr. Tony Attwood	Book	Behavior	The Cognitive Behavior Therapy program Exploring Feelings was designed to encourage the cognitive control of	

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				emotions. The program includes workbooks that include activities and information to explore the specific feelings of being happy, relaxed, anxious or angry. There are two parts to this program - one designed to manage anxiety, one to manager anger. This book explores the feelings of anger and how to manage those feelings.	
Exploring Feelings: Cognitive Behavior Therapy to Manage Anxiety	Dr. Tony Attwood	Book	Behavior	The Cognitive Behavior Therapy program Exploring Feelings was designed to encourage the cognitive control of emotions. The program includes workbooks that include activities and information to explore the specific feelings of being happy, relaxed, anxious or angry. There are two parts to this program - one designed to manage anxiety, one to manager anger. This book explores the feelings of anxiety and how to manage those feelings.	
Exploring Feelings: Cognitive Behavior Therapy to Manage Anxiety, Sadness, and Anger	Dr. Tony Attwood	DVD	Behavior	In this presentation, Dr. Tony Attwood offers advice on assessing emotional needs, building self-esteem and improving self-awareness, managing anxiety, depression, and anger, and defining physical and social tools.	New
Functional Behavior Assessment for People with Autism: Making Sense of Seemingly Senseless Behavior	Beth A. Glasberg, Ph.D.	Book	Behavior	This practical guide offers parents and teachers an invaluable tool to understanding troubling behaviors in people with autism spectrum disorders (ASDs): functional behavior assessment (FBA). The author presents the underlying principles of FBA and how to complete an assessment of problem behavior independently.	
Functional Behavioral Assessments: How to Do Them Right!	Eric P. Hartwig, Ph.D. & Gary M. Ruesch, Esq.	Video	Behavior	Guides you through the basic procedure for conducting functional behavioral assessments.	
Good Kid Book, The: How to Solve the 16 Most Common Behavior Problems	Howard N. Sloane	Book	Behavior	This book, written by a clinical psychologist and professor in the Department of Educational Psychology at the University of Utah, offers specific programs to help parents who have immediate needs with their children. Most of the programs can be used in a variety of situations, and can be carried out by parents themselves.	
Helping People with Autism Manage Their Behavior	Nancy Dalrymple	Book	Behavior	Covers the broad topic of helping people with autism manage their behavior by analyzing the learning environment and the purpose of the behavior, and then designing positive programs to change behavior.	
Incredible 5-Point Scale, The	Kari Dunn Buron and Mitzi Curtis	Book	Behavior	This easy, successful tool helps students with ASD learn self-regulation and assists students in understanding social	

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Incredible 5-Point Scale, The	Kari Dunn Buron and Mitzi Curtis	DVD	Behavior	interactions and controlling emotional responses. This book will help teachers, aides, principals and parents understand the behavior of students with Asperger Syndrome and high-functioning autism while learning simple and effective methods for managing behavior problems.
Managing Behaviors in the Community		Video	Behavior	This DVD is an excellent companion to the book of the same title. It makes this easy-to-read book come to life and is an excellent resource for all teachers and parents to assist students with autism spectrum disorders in understanding social interactions and controlling their emotional responses.  A training tape for teachers, parents, paraprofessionals, and group home and recreational staff. This tape takes the viewer through the development of a philosophy, identification of the purpose of behaviors, and development of environmental and reactive plans. Students with autism are the stars as they are involved in community life, including visits to the dentist, work at Holiday Inn, and trips to ski slopes and lakes.
Passport to Friendship: Facilitating Peer Play for Children with ASD	Behavioral Intervention Association	DVD	Behavior/Social Skills	An engaging step-by-step approach to generating successful peer play for the child with ASD. Using clear examples, insights from parents, and expert commentary by Hilary Baldi, MA, this film helps parents and educators discover that, although peer play is complex, the skills required for interactive play can be broken down into achievable goals.
Positive Behavioral Support: Including People with Difficult Behaviors in the Community	Ed. by Lynn Kern Koegel, Robert Koegel, & Glen Dunlap	Book	Behavior	New  This person- and family-centered book features case studies, research-based strategies, and discussion pieces written by leaders in behavioral intervention. This book will be helpful with reducing and preventing challenging behavior, encouraging family involvement, enhancing education, and increasing social interactions.
Relaxation: A Comprehensive Manual for Adults, Children, and Children with Special Needs	Joseph R. Cautela, June Groden	Book	Behavior	This manual is the result of a research project designed to develop a flexible model for teaching relaxation as a self-control procedure for adaptive behavior. The goal was to show children how to use relaxation as a self-regulation tool for decreasing aggressive and disruptive behaviors. Included are sections on techniques designed for adults; methods for teaching relaxation to adults and older children; and procedures for teaching relaxation to young

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Right from the Start: Behavioral Intervention for Young Children with Autism	Sandra Harris, Ph.D. and Mary Jane Weiss, Ph.D.	Book	Behavior	<p>children and children with developmental disabilities. Included are illustrations and suggested readings.</p> <p>A practical guide to understanding applied behavioral analysis (ABA). Harris &amp; Weiss provide an overview of how ABA was developed and what research data has told us. Examples of how ABA is used to teach speech and language, social, motor, and adaptive skills through a system of repetition, reward, and goal adjustment, as well as information on what parents should consider when choosing a treatment method for their child is included.</p>
Solving Behavioral Problems in Autism: Improving Communication with Visual Strategies	Linda Hodgdon	Book	Behavior	<p>This book is the eagerly awaited sequel to Visual Strategies for Improving Communication. Hodgdon explains how to use effective communication techniques to reduce problem behaviors in persons with autism. Parents and educators will be able to better recognize how communication difficulties contribute to behavioral problems. The book also offers tips on how to remedy these problems through the use of visual cues and promote language.</p>
Volcano in My Tummy, A: Helping Children to Handle Anger	Elaine Whitehouse & Warwick Pudney	Book	Behavior	<p>An accessible resource for teachers, parents, and all who care for children, this book is full of stories, and easy-to-use games and exercises designed to encourage children 6 to 15 years old to see their anger and to deal constructively with it. Includes sections on key concepts, building a child's self esteem, what adults can do, developing an anger management program, troubleshooting, and a special section for teachers that integrates the resource with other curriculum areas.</p>
Way to A, The: Empowering Children with Autism Spectrum and Other Neurological Disorders to Monitor and Replace Aggression and Tantrum Behavior	Hunter Manasco, M.S., CCC-SLP	Book	Behavior	<p>This book, designed for children ages 3 to 9 years old, presents a simple, logical, and systematic strategy that clarifies and teaches the child how to manage his behavior. The flowchart at the end of the book can be used for the student to review his/her behavioral situations in a visual and positive way.</p>